

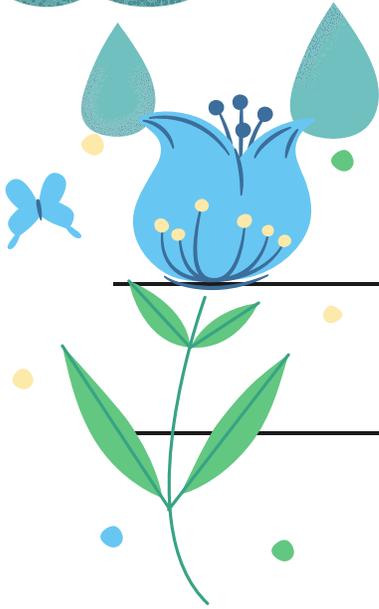
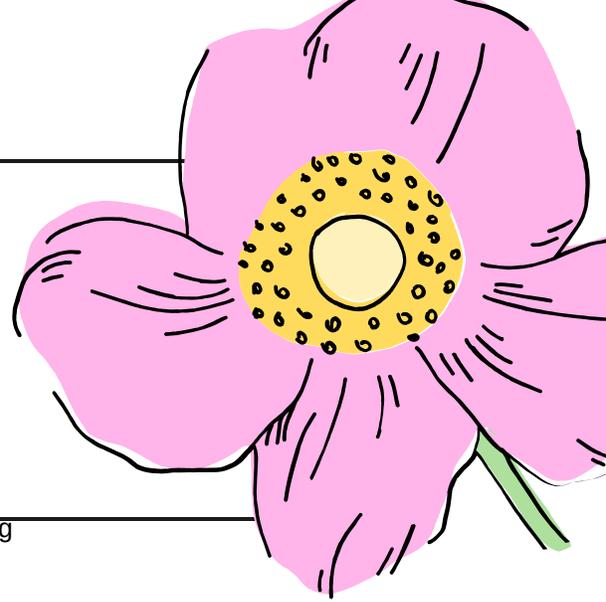
MAY 2020

NEW VIEWS

Lincoln Land District:

<https://www.lincolnlandexchange.org>

Exchange Club Of Mattoon Illinois
<http://www.mattoonexchange.org>



CONTACT US

MATTOON EXCHANGE CLUB

President Connie Jones
starbucks645@gmail.com

President-Elect Dick McDaniel
dick_mcdaniel@yahoo.com

NO MEETINGS UNTIL FURTHER NOTICE

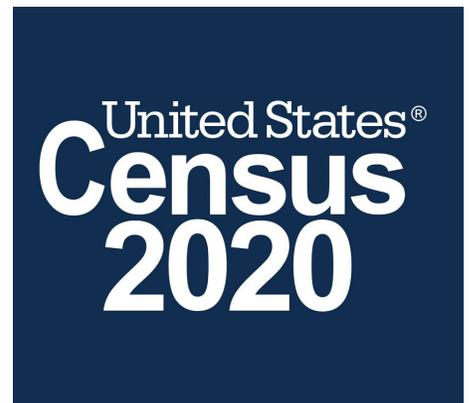
Zoom Meetings information will be sent by Mdm. President Jones. You DO NOT need the App. Just go to zoom.com and "join" a meeting. Enter the meeting ID and the passcode. Once you join, make sure to "mute" yourself to avoid background noise.

Newsletter Information

Remember to send all news worthy information to laseverson@hotmail.com. Photos and a short write up are appreciated. Got other news outside of MEC, please forward that to Connie for approval.

Shirt Reminder!

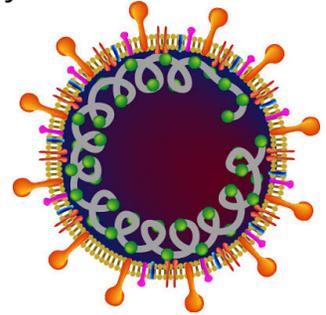
If you still haven't paid for your shirt, please send your money to Bob Handshy 10 Western Avenue Heights Mattoon, Il 69138 or call for a 6ft distance hand off! (254-6003) Shirts are \$50 clams or \$52 if you ordered a XXL.



COVID- 19

For accurate and up to date information, go to www.cdc.gov/coronavirus OR www.who.int/emergencies/diseases/novel-coronavirus-2019

Remember that transmission is by touch, so wash often and stop touching your face!



Food Bank



Please remember there is a truck due at the Food Center (600 Moultrie) at approximately 7:30 am on Tuesday, May 12. Assistance with unloading and putting food away would be appreciated. There may also be some prepacking to do. There are some frozen articles scheduled, so you might want your gloves.

Thanks

Jerry

IRS and your Taxes

If you have not filed you taxes yet, go to <https://www.irs.gov/filing/free-file-do-your-federal-taxes-for-free>. You can do them for free. Pass this on to people you may know that haven't had a chance to get out since March to get them done. Don't forget you have until 15 July 2020 to submit your taxes.

Password & Log-In Help

Can't remember those darn passwords and log-ins? Try using an Address Book to cleverly hide those log-ins and passwords. Simply turn to "V" and enter "VISA" with the last 4 numbers (in case you have more than one) and enter your information. Using your address book is a great way to hide information including information for loved ones to find including "L" for lockbox or "S" for your Safe information. It's better than having a 3 x 5 card or having it all on your phone, but no one can get to it without the phone code! Go wild! "B;" blood type, "M;" Mastercard, "W;" Will information, "P;" phone code.



EXCHANGE

LINCOLNLAND DISTRICT EXCHANGE CLUBS

Join us for the

94th Lincolnland District Convention

Saturday, June 13, 2020

At

Paradise Hotel

IL 61611

547-0711



CONVENTION SCHEDULE

CANCELED

Friday, June 12: Registration 8:00 am – 5:30 pm
Parade Luncheon 6:00 pm

Saturday, June 13 Memorial Breakfast, Business Session, Educational

Seminars, Youth of the Year Luncheon, Election of Officers and Installation/Awards

Banquet – Starting at 8:00 am with breakfast

Sunday, June 14: Board Meeting and Division Director Training at 9:00 am

Exchange Club of Mattoon (ZOOM) Board Meeting Minutes

Called to order by Connie at 7:02

Monday 5/4/2020

In Attendance: Dennis Booker, Andrew Dowling, Connie Jones, Jack Little, Larry Maxidon, Dick McDaniel, Jim Norviel and Bob Riggert

Invocation by Dick

Update on Helen Dowling, Andrew reported that she is now at Mattoon Rehab.

Treasurer's Report: Bill for the Ping golf clubs being used for raffle has been paid. Getting another donation for the Golf outing which will bring total to \$3055. Motion to accept report by Jim, second by Jack, motion carried.

Operation Acct.	\$4952.35
Project Acct.	\$3032.75
Scholarship Acct.	\$8258.20
Cash	\$256.25
Total	\$16499.55

Minutes: No changes. Motion to accept by Larry, second by Andrew, motion carried

New Business: Plan to have winners of the Student Awards at the May 20th club meeting (ZOOM).

Lincolnland District Convention has been cancelled. Will have a virtual meeting (ZOOM) June 15th from 1:00 to 4:00.

Discussed Golf Club raffle date plus future events such as the Pulled Pork Dinner and the board felt that everything had to be put on hold until the State has started to come back from being shut down.

Adjourned at 7:25

Joy Jar

Don't forget to keep track of your Joy Jar contributions!



Brain Teasers

10 MINUTES TO HIGHLIGHT YOUR DAY

_____ Date: _____

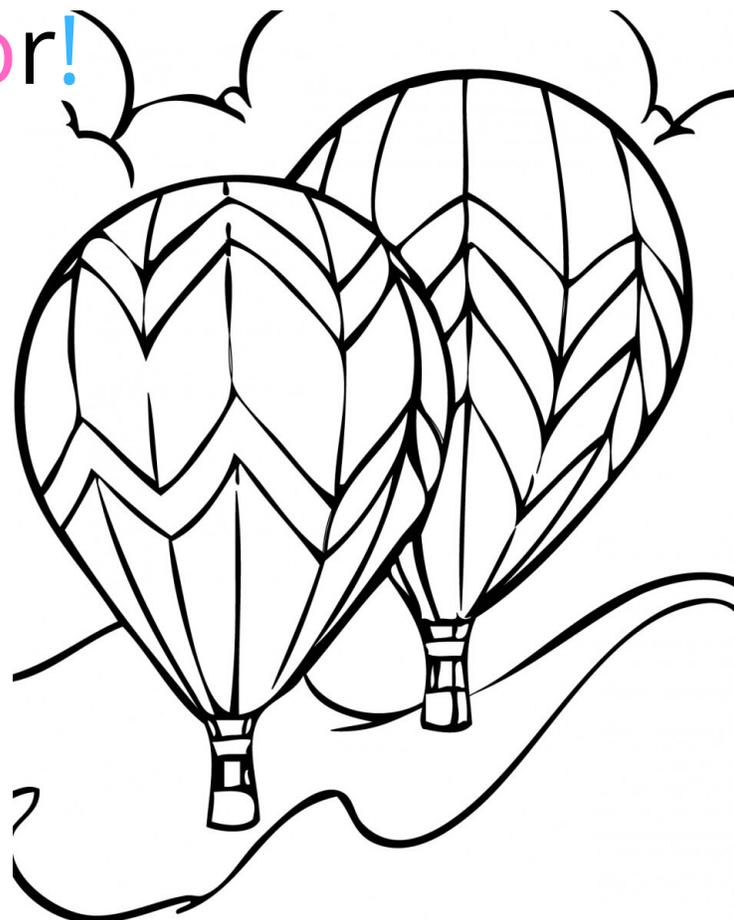
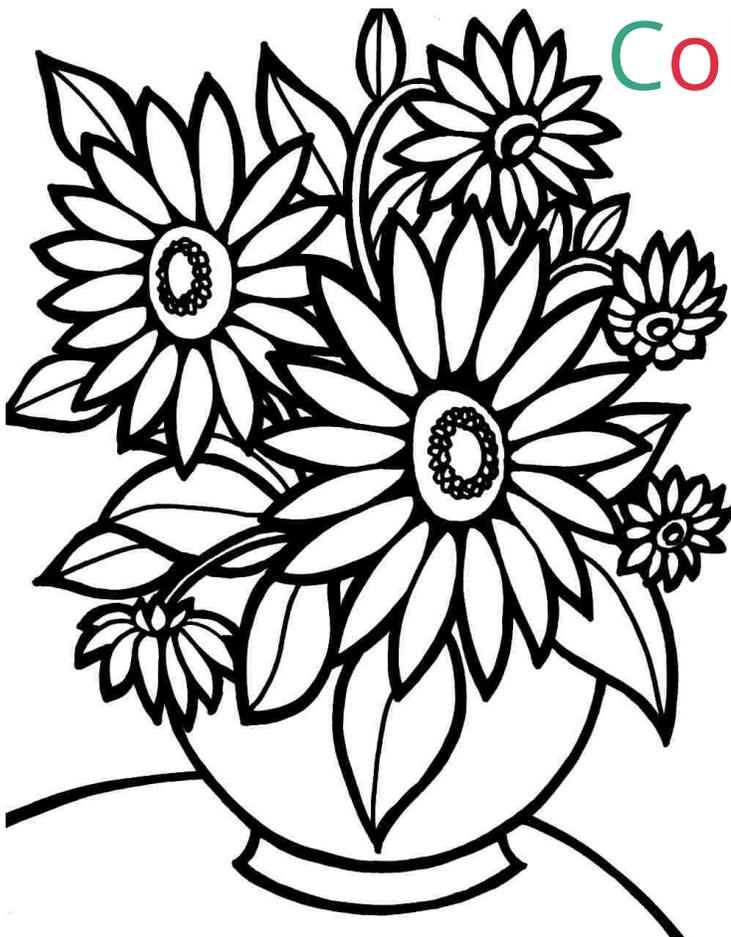
Saw:	Heard:	Tasted:
Felt:	Indulged in:	
	Appreciated:	
Worked on:	Thought about:	
	Decided to:	

Two women apply for a job. They are identical and have the same mother, father and birthday. The interviewer asks "Are you Twins?" to which they honestly reply, "No." How is this possible?

Toms' mother has three children. One is April, one is names May. What is the third one named?

A rooster lays an egg at the very top of a slanted roof. Which side is the egg going to roll off on?

Color!



NOMINATION DESCRIPTIONS

All American Volunteer of the Year Award: The nominations are limited to Exchange Club members that have not served as either District or National officers or directors for the previous five years. Primary consideration will be given to Exchangites that are active at the club level, attend at least 75% of club meetings and participate in at least 80% of club projects. (Troy Jayroe, Jerry Parker, & Bill VanKeuren are not eligible)

Contributing Service Award: The nominations are limited to non-exchangites. This award is for someone who has made a contribution to Exchange but is not a member of Exchange. Contributions may be from one year or cover a period of years.

Distinguished Service Award: This is a lifetime achievement award. Exchange members who have made significant contributions to Exchange during their membership in Exchange should be considered. Length of membership is not as important as contributions to Exchange. Contributions on the local, District, and National level should be included.

Exchangite of the Year Award: This is a one year award, either the current Exchange Year (2019-20) or the previous Exchange year (2018-19). Members should be nominated for their Exchange activities at the Local, District, and National levels. Attendance at meetings and bringing in new members should be considered.

Rookie of the Year Award: The nominations are limited to Exchange Club members that have been members of Exchange for less than two club years, with each club year starting July 1. (members who joined after July 1, 2018) Primary consideration will be for activities and involvements that directly support Exchange, i.e., bringing in new member(s), chairing or serving on committees, assisting with programs, etc. Other community service activities may be included in the narrative if those activities further define the primary contributions of the Exchangite in meeting one or more of the four main objectives of Exchange. (Jesse Danley, Mitch Newell, Kris Phipps, Janes Rarden, Jaycie Tayler, and Mindy Willenberg are eligible.)

MAKE NOMINATIONS!

Down Time To Dos

Have a little time on your hands these days? And you've cleaned out all your closet already?! Try this activity to spike your morning coffee! If you send this back after it's complete, I'll compile a Who's Who fact sheet! Even you family may find this interesting!

1. Write about your name. Where did it come from? What does it mean?
2. When and where were you born?
3. Write about your mom. What would you like people to know?
4. Write about your dad. What would you like people to know?
5. Do you have siblings? Write about them.
6. Where did you grow up? What do you remember about this place?
7. Think about your house growing up. What was it like?
8. What was your childhood bedroom like?
9. What was your favorite activity as a child?
10. What was your favorite place as a child?
11. Who were your friends as a child?
12. Did you travel as a child? What were your favorite places to visit?
13. What did a typical day look like as a child?
14. What did a typical day look like as a teen?
15. What was high school like for you?
16. What world events were significant to you as a child?
17. Write about your grandparents.
18. Write about your aunts.
19. Write about your uncles.
20. Write about your cousins.
21. Write about your early school memories.
22. What was your favorite subject in school?
23. Who was your favorite teacher as a child?
24. Did you move as a child? Write about it.
25. Who taught you to drive?
26. What was your favorite food as a child?
27. Write about your most memorable birthday?
28. How did you typically celebrate your birthday?
29. Write about your favorite holiday memory.
30. What was the hardest part about growing up?
31. What was the best part about growing up?
32. When did you first leave home? Write about the experience.
33. What did your parents do for work?
34. What was your first job?
35. What is your favorite family story?
36. Write about a funny story that has been passed down through the generations.
37. What were you most proud of as a child?
38. What did you want to be/do when you grew up? Did you become it?
39. Who inspired you as you matured?
40. What job has been your favorite?
41. What was the best part of your 20s?
42. What was the best part of your 30s?
43. Are you in a relationship? How did you meet your significant other?
44. Did you have any boy/girlfriends as a youth? Write about them.
45. Do you have kids? Write about them.
46. What are you most proud of as an adult?
47. Where is the most fascinating place you've visited?
48. What is one thing about today that you never want to forget?
49. What item will you cross off your bucket list next?
50. What advice would you give your younger self?



Vegetables In the Mail

Farmbox Direct will send fresh vegetables to you if you don't want to go to the store.
Go to: <https://www.farmboxdirect.com>

References



dhs.illinois.gov/helpishere

1-833-2-FIND-HELP (1-833-234-6343)

abe.illinois.gov

FOOD, CASH, OR MEDICAL BENEFITS (1-833-2-FIND-HELP)

The majority of IDHS local offices remain closed as they do their part to flatten the curve. Anyone interested in learning about IDHS services should visit dhs.illinois.gov/helpishere or call toll free at 1-833-2-FIND-HELP (1-833-234-6343). Those who are wishing to sign up for benefits or to manage existing benefits should visit abe.illinois.gov. Supplemental Nutrition Assistance Program benefits have been maximized for April and May.

CHILD CARE (1-888-228-1146)

For employees providing essential services who need assistance with childcare, please call 1-888-228-1146 or visit www2.illinois.gov/sites/OECD/Pages/For-Communities.aspx. Stipends are available for new providers.

SHELTER (1-833-2-FIND-HELP)

Shelter services have been increased during this pandemic. Those looking for emergency lodging should visit housingactionil.org/get-help/resources-homeless. If you are currently experiencing homelessness, please use the [Emergency and Transitional Housing Provider List](#) to find a shelter near you.

PHYSICAL DISABILITY SERVICES (1-877-581-3690)

Existing or prospective customers can call 1-877-581-3690 to receive assistance regarding Division of Rehabilitation Services programs and services that are designed to allow those with disabilities throughout the state to live, learn, and work independently. Individuals can also visit the DRS website at drs.illinois.gov.

DEVELOPMENTAL DISABILITY SERVICES (1-888-337-5267)

To inquire about services for individuals with a developmental or intellectual disability, please call 1-888-337-5267 or visit <http://www.dhs.state.il.us/page.aspx?item=32253>.

SUBSTANCE USE (1-833-2-FIND-HELP)

If you or someone you know is suffering from an opioid use disorder or other substance use disorders, you can call the Illinois Helpline at 1-833-2-FIND-HELP to speak with a trained professional. You can also visit [HelplineIL.org](https://helplineil.org) to be directed to customized resources, support, and advice.

MENTAL HEALTH (1-866-359-7953 or text TALK to 552020)

If you or a family member have mental health challenges, you can call the Illinois Warm Line at 1-866-359-7953. You can also connect to a counselor by texting TALK to 552020. If you or a loved one are experiencing a mental health crisis, please call the 24-hour [National Suicide Prevention Lifeline](https://www.suicideline.org) at 1-800-273-TALK (8255).

GAMBLING (1-800-GAMBLER)

If you or someone you know is suffering from gambling disorder, call 1-800-GAMBLER, text ILGAMB to 53342, or visit weknowthefeeling.org to be connected to resources and treatment programs in your area.

DOMESTIC VIOLENCE (1-877-863-6338)

Those experiencing domestic violence and/or abuse, plus anyone concerned about a friend, family member, or loved one, can call toll free at 1-877-TO-END-DV (1-877-863-6338). You can also visit the National Domestic Violence Hotline at www.thehotline.org or text LOVEIS to 22522.

2020 CENSUS (1-844-330-2020)

The Census is still occurring and every person in Illinois needs to be counted! Visit [My2020census.gov](https://my2020census.gov) to complete the census online or call 1-844-330-2020. For more info, text 987 987 or go to [MaptheCount.org](https://mapthecount.org).

PERSONAL PROTECTIVE EQUIPMENT DONATIONS

To donate personal protective equipment (PPE), please email PPE.DONATIONS@ILLINOIS.GOV.

CORONAVIRUS INFORMATION (1-800-889-3931)

The public is invited to email questions about COVID-19 to DPH.SICK@ILLINOIS.GOV or they can call toll free at 1-800-889-3931. More information is also available at coronavirus.illinois.gov.



TREASURY INSPECTOR GENERAL FOR TAX ADMINISTRATION OFFICE OF INVESTIGATIONS



Promoting Integrity in America's Tax System

Internal Revenue Service Impersonation Scam

How Does the Scam Work?

Criminals call intended victims and claim to be from the Internal Revenue Service (IRS). The scammers tell the intended victims that they owe taxes and must pay using a pre-paid debit card, money order, wire transfer, or gift card. The scammers threaten those who refuse to pay with being charged with a criminal violation, a grand jury indictment, immediate arrest, deportation, or loss of a business or driver's license. The scammers who commit this fraud often:



- Utilize a robocall machine to make unsolicited calls via Voice Over Internet Protocol technology to make it appear that the calls originate in the U.S.
- This technique, also known as "spoofing," can make the calls appear to be from the IRS or even a local police department.
- Use common names and fake IRS badge numbers.
- May know the last four digits of the victim's Social Security Number.
- Aggressively demand immediate payment to avoid being criminally charged or arrested.
- Claim that hanging up the telephone will cause the immediate issuance of an arrest warrant for unpaid taxes.
- Send bogus IRS e-mails to support their scam.
- Call a second or third time claiming to be the police or other government entity.

The IRS Will Never:

- Ask for payment via prepaid debit cards, money orders, or wire transfers.
- Ask for credit card numbers over the telephone.
- Request personal or financial information by e-mail, text, or via any social media.

What can I do?

- Do not to engage with the callers, just hang up.
- Tell everyone that if you receive a call and think you owe taxes, hang up and call the IRS at 1-800-829-1040.
- Retain their original scam-related documentation: method of payment, receipts, notes, and telephone numbers used by the scammer. In the case of pre-paid cards, it is especially important to retain all card numbers.
- Immediately notify the company associated with the payment method, in an effort to stop or reverse funds.
- Be aware the IRS does employ non-law enforcement revenue officers and revenue agents who conduct field visits and will have official IRS credentials.
- Share this information with friends and family.

File a Report – Help us #SlamTheScam:

Online: <http://www.tigta.gov>
Telephone: 1-800-366-4484
Fax: 1-202-927-7018
Mail: TIGTA Hotline
P.O. Box 589
Washington, D.C. 20044-0589





COVID-19 and SENIOR CITIZENS

FREQUENTLY ASKED QUESTIONS

NOTE: The Frequently Asked Questions below were written to help answer questions we have heard because of the COVID-19 emergency. It is important to have reliable information when dealing with a public health emergency. However, the situation is changing rapidly and the information below may not be up-to-date. Under normal circumstances, many of the answers may be different. The information that follows is based on Illinois and US laws, regulations, and emergency orders. This information is intended only to be an overview of your rights. Since every case is different, you should not rely on this information as a substitute for an attorney.

Can I still go to the senior center for a meal?

No. Senior centers suspended group meals and large gatherings. However, some senior centers are providing home-delivered meals, boxed lunch service, and other pick-up options. Call your local senior center for specific details.

Can my loved one still get services at an Adult Day Center?

No. On March 16, 2020, Illinois Department on Aging suspended Adult Day Centers for a minimum of 30 days. Adult Day Centers must make sure there is a back-up plan in place.

Can I still get help with tax preparation and benefit assistance?

Possibly, but appointments will likely be done over the telephone. Call your local senior center to verify whether you should come in for your appointment, or if you should call in only.

TAX DAY is now July 15, 2020 (not April 15th). All federal and state filing and payments are due July 15, 2020. No additional penalties or interest accrues if you pay on or before July 15, 2020. If you are getting a refund, file as soon as possible.

Can I visit loved ones in the nursing home?

Probably not. Visitors are not allowed except for compassionate care situations like end-of-life care. Approved visitors will be required to wash hands and use protective equipment like masks.

Will I continue to receive my Social Security benefit?

Yes. You will continue to receive your monthly benefit amount.

Are Social Security Administration offices open?

No. Social Security Offices are closed and are not taking walk-in appointments. However, you can call the SSA National 800 Number with your questions, or you can go online for assistance at www.ssa.gov.

Can I still visit my local Department of Human Services aid office?

DHS has closed most of their offices. Most DHS staff are working remotely and those offices that are still open have few staff people there. Click here to see which offices are still open: <http://www.dhs.state.il.us/page.aspx?item=123570>

If you need to talk to DHS, you can call IDHS *Help is Here* toll-free line at 1-833-2-FIND-HELP or 1-800-843-6154. Or you can try to access your case though the online portal at <https://abe.illinois.gov/>.

What is the Economic Impact Payment?

The federal CARES Act includes economic impact rebate payments to millions of people. The maximum amount is \$1,200 per qualifying adult and \$500 per child under 17 years old. The amount of the Impact Payment is based on your 2018 or 2019 income tax return. If you did not file an income tax return for 2018 or 2019, you can still do so.

However, people who receive Social Security retirement or disability benefits will receive a payment even if they have not filed a tax return. At this time, it is not clear whether people who receive SSI only or VA-only benefits will receive an Impact Payment unless they filed an income tax return.

If someone else claimed you as a dependent on their taxes, you aren't eligible to receive the Impact Payment.

The Impact Payment cannot be intercepted for student loans, unemployment overpayments, or other non-federal debts. The Impact Payment can be intercepted for child support.

The Impact Payment will be directly deposited into the bank account you put on your income tax return. If the IRS does not have your bank account information, the IRS is supposed to set up a web-portal that you can use to give them your banking information. Otherwise, the IRS will mail you a paper check. Direct deposits are expected to occur in April. Paper checks are expected to be mailed in May.

Be alert for Coronavirus Scams!

The IRS, Social Security, and other government agencies will never call you, text you, or email you and ask for personal information like your Social Security number or your banking information.

Even if your caller ID looks like the IRS or Social Security, it is probably a scammer. The IRS or Social Security will never call you and ask you to verify your Social Security number or threaten to arrest you or threaten to take your benefits. They will also never ask you to send cash or ask for your banking information.

Learn more about Coronavirus Scams at <https://www.consumer.ftc.gov/>.

Are there other legal resources available besides Land of Lincoln?

The Public Interest Law Initiative PILI has set up the COVID-19 Illinois Free Legal Answers Task Force. [Illinois Free Legal Answers](http://il.freelegalanswers.org) is a secure website (il.freelegalanswers.org) where low-income Illinoisans can ask a lawyer a question about a civil legal issue.

You can also call or email the Illinois Lawyer Finder Service. The telephone number is 800-922-8757 and the website is www.isba.org/public/illinoislawyerfinder.

Illinois Legal Aid Online also has a lot of legal information at www.illinoislegalaid.org.

**Land of Lincoln Legal Aid
Legal Advice & Referral Center
Phone: (618) 394-7300
1 (877) 342-7891**

Rev. 4/8/2020

Information provided by LifeSpan

<https://www.flipsnack.com/968ADBF6AED/may-2020-connections.html>



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